



SEL

The Smithtown Central School District is committed to creating a learning environment that supports and promotes the social, emotional and intellectual well-being of all students. Social and emotional learning is a pathway to achieve this goal.

According to the Collaborative for Academic, Social, and Emotional Learning (CASEL), social-emotional learning "is the process through which children, youth and adults acquire and effectively apply the knowledge, attitudes and skills necessary to understand and manage emotions, establish positive relationships, and manage stressors."

- After-school programs
- Expanded learning opportunities
- Peer tutoring
- Morning workshops
- Team sports
- Student government
- Student clubs

5

2

SELF-AWARENESS

3

SELF-MANAGEMENT

4

SOCIAL AWARENESS

5

RELATIONSHIP SKILLS

6

RESPONSIBLE DECISION-MAKING

The inclusion of social-emotional learning practices within the Smithtown Central School District increases the opportunity for students:

- CES