

# Winter High School Sports

## Combined Team (50 and 100)

Sport	First Day of Tryouts	Coach	Email	Information
Girls/Boys Bowling	11/18	Glen Kober Rob Apin	gkober@optonline.net roba223@optonline.net	Practice on Thursdays 6:15 PM - 7:45 PM E/W to Bowlers Commack one way only
Boys Swimming and Diving	11/18 (-11/22)	Roy Wilton Sean Montalvo	swoon@optonline.net smonta1234@optonline.net	7:30 - 9:30 PM 11:00 AM - 12:00 PM

Smithtown High School East

Sport	First Day of Tryouts	Coach	Email	Information
Boys Basketball	11/18	Al Chant	alchant@smithtown.k12.ny.us	Open gym 11/12-11/14 2:30-5:00 pm
Girls Basketball	11/18 Main gym 3-5	Neil Martha	nmartha@smithtown.k12.ny.us	Preseason meeting 11/12-11/14 3:00-5:00 pm 273
Cross-Country	11/18 Nescon EF 5:30-7:30p	Kaylin Moriarty	coach.kmoriarty@gmail.com	tryout-Nes EF 11/18-NESC 8-10am-Mandatory
Girls Winter Track	11/18	Anastasia Bayne	riseaain82@aol.com	11/12 Preseason meeting 2:15p Old Gym
Boys Winter Track	11/18	Larry Vetrichin	coachlv3@optimum.net	11/12
Wrestling	11/18	Steve Jenk	stjenk@smithtown.k12.ny.us	practice

Smithtown High School West

Sport	First Day of Tryouts	Coach	Email	Information
Boys Basketball	11/13	Lou Borriempo	lborriempo@smithtown.k12.ny.us	4:15-6:15 p
Girls Basketball	11/13	Gabrianna Lopez	gabrieanna.lopez@smithtown.k12.ny.us	
Cheerleading	11/13 NYA (4-6/5-7)	Lynne Riley	lynneriley@smithtown.k12.ny.us	11/13
Boys Winter Track	11/18	Peter Schiack	pschiack@smithtown.k12.ny.us	Remind: Text: @hswtrack to 81010
Girls Winter Track	11/18	David Stein	dstein@smithtown.k12.ny.us	Remind: Text: @hswgtrf to 81010 Newcomers welcome
Wrestling	11/18 day of practice			meeting in wrestling room-wrestling shoes/shorts/ t shirt